

VADA SAFE SPORT POLICY

Below is the Standing Rule that the VADA Board of Directors unanimously approved on December 19, 2024.

VIRGINIA DRESSAGE ASSOCIATION STANDING RULES

**Adopted pursuant to Article IV, Section 6 of the Bylaws of the Virginia Dressage Association
Amended and Restated 2017**

I. VADA SAFE SPORT POLICIES

A. The VADA and all of its Chapters adopt the USEF/U.S. Center for SafeSport Minor Athlete Abuse Prevention Policies (MAAPP), as they are updated from time to time by the U.S. Center for Safe Sport. These policies must be posted in prominent locations, including the club's website and/or Facebook page. In addition, MAAPP posters must be displayed at all club sponsored activities and events.

B. All VADA and Chapter members who can reasonably be expected to come into contact with a minor must take the USEF/U.S. Center for SafeSport Safe Sport training on an annual basis. If any individual who is identified as needing training is not a USEF member, the VADA will reimburse such individual the cost of a USEF Subscribing membership upon submission of proof that they have successfully completed the required SafeSport Training.

The two parts of this policy were summarized as follows by the USEF in a recent article:

The MAAPP is a collection of proactive prevention and training policies to help create a safer and healthier environment in which minor athletes can thrive. The MAAPP includes prevention policies for electronic communication, transportation, lodging, meetings, individual training sessions, manual therapy and therapeutic/recovery modalities, and locker rooms and changing areas.

SafeSport training is required for USEF members (18 years of age or older) and is essential in creating a safer environment for our competitors . . . SafeSport Training gives all of the knowledge to be part of the solution to keep our young people and our sport safe. The online SafeSport Core course lasts approximately 60 minutes and needs to be completed every four years. In the intervening years, 30-minute refresher training must be completed annually.

US Equestrian; Summer 2025 Edition

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Additional Resources and Information:

Link to USEF SS site:

<https://www.usef.org/safe-sport>

Link to full Safe Sport Policy:

<https://www.usef.org/forms-pubs/YXj0R68pxq0/safe-sport-policy>

5 Things to Know about the USEF Safe Sport Policy

https://www.usef.org/forms-pubs/A6tAO_T2_p0

Safe Sport Poster

<https://www.usef.org/forms-pubs/5z4a-dbFchE>

Link to MAAPP Minor Athlete Abuse Prevention Policy (MAAPP)

<https://www.usef.org/forms-pubs/tuDylSVqqZY/maapp-minor-athlete-abuse-prevention>

MAAPP Poster

<https://www.usef.org/forms-pubs/qWl3LCsNVuo>

5 Things to Know about MAAPP Poster

<https://www.usef.org/forms-pubs/5z4a-dbFchE>

Sample MAAPP Consents

<https://www.usef.org/forms-pubs/tuDylSVqqZY/maapp-minor-athlete-abuse-prevention>